

YWCC NEWS

OCT / NOV / DEC 2009

Supt V Robinson III, Pastor
Evang. Theresa F. Robinson



NEW COVENANT MINISTRIES CHURCH OF GOD IN CHRIST

Welcome to this edition of the YWCC News!

As we get ready to close out another year it is always good to look back. Have we accomplished all that we needed to this year? Did we attempt every goal? Were we obedient to everything the Lord required of us this year?

Reflection is always good and it is never too late to work on a goal that was left undone. 1 John 1:9 tells us that "God is faithful and just to forgive us our sins"....so even if we have not yet did all the Lord required this year...we can repent, get it right, and be ready to move forward in the coming new year. God is a God of second chances....and I am so thankful that He is!

Missionary Alana Daniels

YWCC HAPPENINGS

Register Today!
Bishop Charles E. Blake
Presiding Bishop
102nd Holy Convocation
Bishop Phillip A. Brooks, II
1st Assistant Presiding Bishop
Bishop Jerry W. Macklin
2nd Assistant Presiding Bishop
Memphis, TN
November 2-9, 2009

COGIC
WORLD MISSIONS
Walk-a-thon
OCTOBER 10, 2009
COGIC Heritage
2009

60th Women's International Convention/Crusade
Los Angeles | Spring 2010

Note - The 103rd Holy Convocation for the Church Of God In Christ is scheduled for November 8-16, 2010 at the America's Center convention complex located in the heart of downtown St. Louis.

ANNOUNCEMENTS

Women in the Bible

Rhoda

Rhoda, from the Greek word pronounced *roe-dose* (the Greek island Rhodes takes its name from the name Greek word), meaning a *rose*, was a young Christian girl who was among those at "the house of Mary the mother of John, whose surname was Mark; where many were gathered together praying" (**Acts 12:13-16**) for protection from Herod's deadly persecution. Rhoda was the first to discover that their prayers were being answered - she found the rescued apostle Peter at the door.

Rhoda was also a persistent girl. She didn't let the doubts of others sway her. She kept insisting that Peter was really there. While those inside argued, Peter kept knocking. Finally several persons went out, opened the gate and were astonished when they saw Peter.

HAPPY BIRTHDAY

- | | |
|------------------------|--------|
| Evangelist T. Robinson | Oct 1 |
| Sis Dominique Johnson | Oct 5 |
| Sis LaToya Willis | Oct 5 |
| Missy Rochelle Conner | Oct 6 |
| Sis Rochelle Knox | Oct 8 |
| Sis Rockelle Knox | Oct 8 |
| Sis Ivory Murphy | Oct 13 |
| Missy Joyce French | Oct 14 |
| Sis Leai Burley | Oct 16 |
| Missy Pervania Knox | Oct 16 |
| Sis Aaliyah Stowbridge | Oct 29 |
|
 | |
| Sis Willie Mae Hudson | Nov 14 |
|
 | |
| Missy Simone Reid | Dec 2 |
| Sis Jillene Holston | Dec 5 |
| Sis Anntonio Johnson | Dec 5 |
| Sis Nicole Allen | Dec 15 |
| Sis Lakenya Conner | Dec 21 |
| Sis Ladovashon Flippen | Dec 21 |
| Sis Alisha Williams | Dec 23 |

ANNIVERSARIES

Mr & Mrs. Amos Stowbridge Dec 7

Quote of the Month

The best way to find yourself is to lose yourself in the service of others.

“Ghandi”

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History of the Department of Women

During the infancy of the Church of God In Christ in the early 1900's, the work among women had been started, but lacked organization. A search was made for a woman capable of directing a Women's Department. The name Lizzie Woods, who was a matron at the Baptist Academy, was continuously brought to Elder Mason's attention. After inquiring, he succeeded in forming an acquaintance with her. She was introduced to the Church of God In Christ through the preaching of Elder D.W. Delk. In May 1911, while General Overseer Mason was holding a meeting in the Academy, she received the baptism of the Holy Ghost.

Bishop Charles Mason, with the keen insight God had given him, saw that Lizzie Woods, who later became Lizzie Woods Robinson, was an organizer, able to inspire an direct. At the General Convocation in Memphis, Tennessee in 1911, she was appointed Overseer of the Women's Work by Bishop Mason to organized create such work as would be beneficial to the church.

Mother Robinson began by admonishing the women according to Jeremiah 9:17-20, "thus saith the Lord of hosts, Consider ye, and call for the mourning women, that they may come; and send for cunning women, that they may come; and let them make haste, and take up a wailing for us, that our eyes may run down with tears, and our eyelids gush out with waters. For a voice off wailing is heard out of Zion, How are we spoiled! We are greatly confounded, because we have forsaken the land, because our dwelling has cast us out. Yet hear the word of the Lord, O ye women, and let your ear receive the word of his mouth, and teach your daughters wailing, and everyone her neighbor lamentation."

Observing a group of women praying and another group reading and studying the Bible, Mother Robinson began her organization by combining the two groups together, forming the Prayer and Bible Band. This band was designed to educate in scriptural knowledge, for the purpose of soul winning. Today this Band serves as a doctrinal study of the Bible.

This was the beginning of the organizational structure of the Department of Women as we know it.



THE RECIPE BOX

HEARTY CHICKEN & VEGETABLE SOUP

- 2 tablespoons olive oil
- 1 leek, halved, washed, thinly sliced
- 2 garlic cloves, crushed
- 1 large carrot, peeled, diced
- 2 sticks celery, diced
- 2 small zucchini, diced
- 1 turnip, peeled, diced
- 1 1/4 cups dry soup mix, rinsed (see note)
- 8 cups chicken stock
- 1kg skinless chicken lovely legs



1. Heat oil in a large saucepan over medium heat. Add leek and garlic. Cook, stirring, for 2 minutes or until soft but not colored. Add carrot, celery, zucchini and turnip. Cook for 2 minutes. Stir in soup mix, stock, chicken and 1 cup cold water. Increase heat to high. Bring to the boil.
2. Reduce heat to low. Simmer, partially covered, stirring occasionally, for 1 hour or until soup mix and vegetables are tender.
3. Remove chicken legs from soup. Allow to cool slightly. Remove meat from bones. Roughly chop chicken meat and add to soup. Season with salt and pepper. Ladle soup into warmed bowls. Serve

Notes & tips

- Packet dry soup mix is a combination of split peas and lentils. You can find it near the chickpeas in the supermarket.

YOUNG WOMEN'S CHRISTIAN COUNCIL

HEALTH ALERT!!!!!!!!!!!!!!

Cancer symptoms women are most likely to ignore

1. Wheezing or shortness of breath
One of the first signs of lung cancer
2. Chronic cough or chest pain
Several types of cancer including leukemia, lung tumors. Symptoms mimic bronchitis.
3. Frequent fever or infections
Signs of leukemia. They mimic flu like symptoms.
4. Difficulty swallowing
Signs of throat cancer and can also be a sign of lung cancer.
5. Swollen lymph nodes or lumps on the neck or under arms.
Lump or enlarged lymph node could be a sign of breast cancer. A painless lump on the neck, underarm, or groin can be early signs of leukemia.
6. Bloating or abdominal weight gain that stays on past the PMS stage.
Signs of ovarian cancer.
7. Changes in nails
A brown or black streak or dot can be a sign of skin cancer. Enlargement of the ends of the fingers with nails that curve down over the tips can be a sign of lung cancer.
8. Pain in back and lower right side
Signs of liver cancer, ovarian cancer. Cancer that has spread to spine or ribs.

Signs of Diabetes

- Frequent urination
- Excessive thirst
- Extreme hunger
- Unusual weight loss
- Increased fatigue

Please see you doctor as soon as possible.

What is type 1 diabetes?

Type 1 diabetes is a disease that starts when the pancreas stops making insulin. Insulin lets blood sugar—also called glucose—enter the body's cells to be used for energy. Without insulin, the cells can't get the sugar they need, and too much sugar builds up in the blood

What are the symptoms?

Symptoms of diabetes are:

- *Being very thirsty.*
- *Urinating a lot.*
- *Losing weight without trying.*
- *Being hungrier than usual (sometimes).*

What is type 2 diabetes?

Type 2 diabetes is a lifelong disease that happens when the cells of the body can't use insulin the right way or when the pancreas can't make enough insulin. Insulin lets blood sugar—also called glucose—enter the body's cells to be used for energy. When insulin is not able to do its job, the cells can't get the sugar they need, and too much sugar builds up in the blood. Over time, this extra sugar in the blood can damage your eyes, heart, blood vessels, nerves, and kidneys.

What are the symptoms?

Some people don't have symptoms, especially when diabetes is diagnosed early. This is because the blood sugar level may rise so slowly that a person may not know that anything is wrong. Other people may have symptoms, such as:

- *Being very thirsty.*
- *Urinating a lot.*
- *Losing weight without trying.*
- *Having blurry vision.*

Isaiah 53:5: "But He was wounded for our transgressions, He was bruised for our iniquities: the chastisement of our peace was upon Him; and with His stripes we are healed.

Did you know.....

Memphis

Memphis is the Greek version of one of the many names the Ancient Egyptians used to denote the city that lay on the border between Upper- and Lower-Egypt.

The Egyptian version of of the name "Memphis", Mn-nfr, "the beautiful monument" was used originally for the pyramid of Pepi I, but from the 18th Dynasty on, this name was extended to cover the entire region or city where this pyramid was built. It is not known why the name of a monument of relatively minor importance, such as Pepi I's pyramid as compared to the pyramid of Kheops in Giza, became the name of the entire city.

The original name given to this city and used together with the name Mn-nfr, was inb-hD "the White Wall(s)", a reference to the white walls surrounding it.

During the Old Kingdom, it served as the nation's capital and it held the kings' primary residence. The end of the Old Kingdom by no means meant the end of Memphis as one of the most important cities in Egypt. Quite to the contrary! Memphis remained the political and administrative center of Lower- and Middle-Egypt. This importance was recognized even by the Theban kings of the 18th Dynasty. Thutmosis III and Amenhotep II often held residence at Memphis and to be accepted as a king of Egypt, one needed to be crowned at Memphis.



Happy Thanksgiving



Merry Christmas



Happy New Year