



# YOUNG WOMEN'S CHRISTIAN COUNCIL YWCC NEWS

JANUARY/FEBRUARY 2007

NEW COVENANT MINISTRIES CHURCH OF GOD IN CHRIST

Praise the Lord!

I give God all the glory for the many blessings He has bestowed upon us this year. Let me first share with you that I truly thank God fervently for each of you daily. I want to thank you for all of your support through prayer, fellowship, gifts of love, and words of encouragement and from the depths of my soul - I do appreciate all of you.

As you know, we are in the midst of a three-year building campaign and we are on the road to victory in achieving our GOAL. Thank you for supporting our leader, who prays effectually and daily, for vision and the supporters of the vision. Please keep our Pastor in your prayers.

I want to leave you just a few words from scripture, which I feel is so timely because of what we are about to do in ministry and for this part of the country. From Philippians 3:13-14, Apostle Paul said, "But this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Jesus Christ."

Saints, if you would take a minute and look at these scriptures you will see an ocean of wealth in them. We must with all seriousness let those things go that we have come through - we can't live on yesterday because it's a cancelled check. Tomorrow is a promissory note but today is now.

## YWCC HAPPENINGS

Many times in life we can't face today because we are still holding on to yesterday, therefore, it is imperative to move forward into the day that the Lord has blessed you with. Yesterday was your platform to go higher; yesterday was the current that ignited the fuse to push you into the new.

So, Dear ones enjoy the day! Live it the way Christ has said, "Abundantly!" Change your mentality and know that the reason you are here on earth at this time is because of the purpose that has been placed in you, in us. No one on earth can ever carry out your assignment.

So my friends lets look positively, straightly, enthusiastically, and faithfully to the vision that has been laid before us. Women of Ministry, let's let peace, unity, and love be our covering in 2007. I earnestly pledge to be there for you and my promise - we will be a strong and committed Women's Ministry.

God bless you all and have a prosperous New Year.

Love,  
First Lady Robinson

## ANNOUNCEMENTS



### Birthdays

Missionary Charlotte Neely	Jan 13
Mother Mae Monk	Feb 1
Missionary Cynthia Burley	Feb 3

### Anniversaries

Mr. & Mrs. William A. Daniels Jr.  
February 26



### QUOTE OF THE MONTH

"Our life is full of brokenness - broken relationships, broken promises, broken expectations. How can we live with that brokenness without becoming bitter and resentful except by returning again and again to God's faithful presence in our lives."  
— Henri Nouwen


## COMING IN FEBRUARY 2007

GREATER JACKSONVILLE DISTRICT MEETING

January 21, 2007  
Honoring Our District First Lady

Visit us online at [www.NCMCOGIC.org](http://www.NCMCOGIC.org).  
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## Diabetes and Dental Problems

The Cleveland Clinic 

People with diabetes are more vulnerable to the millions of germs that live in your mouth. As a result, people with diabetes are more likely to have infections of their gums and the bones that hold the teeth in place. Diabetes also causes a decrease in blood supply to the gums making them more susceptible to disease. In addition, high blood sugars may cause dry mouth and make gum disease worse. The decrease in saliva can cause an increase in tooth decaying bacteria and plaque build up.

### What Are the Symptoms of Dental Problems?

Symptoms to watch for include bleeding and sore gums, frequent infections and bad breath.

### How Can I Prevent These Dental Problems?

Taking good care of your gums and teeth is very important, especially if you have diabetes. Here are some tips:

- Have a dental checkup every six months.
- Tell your dentist that you have diabetes and ask him or her to show you how to take proper care of your gums and teeth.
- Brush and floss your teeth at least twice a day
- If you smoke, quit.
- Maintain good glucose control.

If severe gum disease develops, surgery may save your teeth. But if that's not possible, you may have to have teeth pulled to prevent the infection from destroying the bone around your teeth.

## HELPFUL HINTS

### Bug-Free Room

- Put a couple of drops of lavender or peppermint essential oil on a cool light bulb to help repel bugs.
- Place several drops of oil of lavender or peppermint on a cotton ball or two. Put them into a small jar or margarine container. Poke a few holes in the lid and cover. Put around the room.

## THE RECIPE BOX

### HOT ARTICHOKE AND SPINACH DIP

- 1 (8 ounce) package cream cheese, softened
- 1/4 cup mayonnaise
- 1/4 cup grated Parmesan cheese
- 1/4 cup grated Romano cheese
- 1 clove garlic, peeled and minced
- 1/2 teaspoon dried basil
- 1/4 teaspoon garlic salt
- 1 (14 ounce) can artichoke hearts, drained and chopped
- 1/2 cup frozen chopped spinach, thawed and drained
- 1/4 cup shredded mozzarella cheese
- Salt and pepper to taste

1. Preheat oven to 350 degrees F (175 degrees C). Lightly grease a small baking dish.
2. In a medium bowl, mix together cream cheese, mayonnaise, Parmesan cheese, Romano cheese, garlic, basil, garlic salt, salt and pepper. Gently stir in artichoke hearts and spinach.
3. Transfer the mixture to the prepared baking dish. Top with mozzarella cheese. Bake in the preheated oven 25 minutes, until bubbly and lightly browned.

## Lord You Are My Strength

Without Your love  
Where would I be?  
Lost and miserable  
That's how I see me

You've given me the courage  
To live my life  
The strength and the will  
To handle the strife

If in my heart and soul  
You were not there  
Everything in life  
Would be harder to bear

But knowing you're walking  
This path at my side  
Though it is narrow  
You make it seem wide